Be proactive, not reactive or complacent

Who made the test?

For what purpose? What does it measure?

How is the test structured? Time? Question type? Scoring?

S.O.A.P.

Next three steps

The right time to stress is in your preparation, the day of the test day you should be relaxed… so you can perform

Importance / significance of test should serve as motivation to prepare

Too much stress about each test point or the results on test day can interfere with your best performance; test day focus on the immediate task

Adopt or develop a strategy for preparation and approaching each type of question

WORK, both harder and smarter

Use what you all ready know works. Any parallel experiences that apply?

Become familiar with what to expect

**For Seminar credit:**

**Complete information and questions in shaded boxes**

* **Light shading from** [**www.collegeboard.com**](http://www.collegeboard.com)
* **Dark shade from your own thoughts**

**\*items completed when you meet with Mr. Guenther for brief time**

**This document available online at:**

**www.bhsgifted.wikispaces.com**

What materials exist to give you insight?

Practice to become comfortable; prevent the “blank-out”

Put your mind, body, tools in the best position for success

Mentally prepared

Rested – within routine

Fueled, hydrated

Comfortable

Required tools, contingency tools, eliminate distractions

Actively listen, actively read, follow cues and directions

PSAT / SAT planning:

BHS BHS ? BHS ?

Senior = **Oct** Nov Dec Jan Mar May Jun

Junior = **Oct** Nov Dec Jan Mar May Jun

PSAT

Sophomore= **Oct** Mar May Jun

PSAT

PSAT given at BHS during the school day (pd 01-04) mid October every year

SAT hosted at BHS every Oct , March, then May or June

SAT hosted at Hazleton HS each and every time offered

Full testing schedule with specific dates and locations found at [www.collegeboard.com](http://www.collegeboard.com)

SAT registration generally closes one month prior to test date (can do late registration by paying late fee)

Be proactive:

|  |  |  |
| --- | --- | --- |
|  | **S A T** | **P S A T / N M S Q T** |
| Who made the test? (follow 1st link on reverse) |  | |
| Full name? 🡪  For what purpose? What does it measure?  *What does the name mean?* |  | *Preliminary* |
| *National \_\_\_\_\_\_\_\_\_ Scholarship \_\_\_\_\_\_\_\_\_\_\_\_ Test* | |
| *To whom is it marketed? Why?* |  | |
| How is test structured? Time? | \_\_\_ min instructions, \_\_\_hr \_\_\_min testing time | \_\_\_ min instructions, \_\_\_hr \_\_\_min testing time |
| Question Type? Time? | ­\_\_\_ timed sections | \_\_\_ timed sections |
|  |  |  |
|  | Critical \_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_Sections \_\_\_min total | Critical \_\_\_\_\_\_\_\_\_\_\_ \_\_\_Sections \_\_\_min total |
|  | 48 Reading Passage ; \_\_\_ sentence completion | \_\_\_ Reading Passage; \_\_\_ sentence completion |
|  | Math \_\_\_ Sections \_\_\_ min total | Math \_\_\_ Sections \_\_\_ min total |
|  | \_\_\_ Multiple choice; 10 \_\_\_\_\_\_\_\_\_\_\_ | \_\_\_ Multiple choice; 10 \_\_\_\_\_\_\_\_\_\_\_ |
|  | Writing \_\_\_ Sections \_\_\_min total | Writing \_\_\_ Sections \_\_\_min total |
|  | \_\_\_ Multiple Choice; 1 \_\_\_\_\_\_\_\_\_\_\_\_ (\_\_\_ min) | 39MC=\_\_sntnc error,\_\_\_imprv sntnc, \_\_\_ imprv par |
| Scoring |  |  |
| Reading | MC correct = \_\_\_ omitted = \_\_\_ incorrect = \_\_\_\_ | |
| Math | MC | |
|  | Grid in/free response correct =\_\_\_ omitted = \_\_\_ incorrect = \_\_\_ | |
| Writing | MC correct = \_\_\_ omitted = \_\_\_ incorrect = \_\_\_\_ | |
|  | Essay = \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (\_\_\_\_ points) | X X X X |
|  | \*Most students complete \_\_\_\_% of SAT  \*Close to \_\_\_\_% finish the entire SAT  \*Average student gets \_\_\_\_\_\_\_\_% correct. | *🡨 Note difference from a typical HS test.*  *Must you complete every question to do well?* |
| *When is it appropriate to guess?* |  | |

The right time to stress is in your preparation, the day of the test you should be relaxed… so you can perform your best

|  |
| --- |
| The importance/significance of test should serve as motivation to prepare: |
| *What is the importance of SAT?* |
| Too much stress about each test point or the results on test day can interfere with your best performance. |
| *What should be your focus?* |

Adopt or develop a strategy for preparation and approaching each type of question.

|  |  |  |
| --- | --- | --- |
| WORK, both harder and smarter! |  |  |
| Use what you know all ready works.  Any parallel experiences? | *How do you prepare for typical HS tests?* | |
| What materials exist to give you insight? | <http://sat.collegeboard.org/home> | [www.collegeboard.com/student/testing/psat/about.html](http://www.collegeboard.com/student/testing/psat/about.html) |
|  | <http://sat.collegeboard.org/practice/sat-study-plan> | [www.collegeboard.com/student/testing/psat/about/ontest.html](http://www.collegeboard.com/student/testing/psat/about/ontest.html) |
| SAT Home🡪Skills Insight | \*\* <http://sat.collegeboard.org/practice/sat-skills-insight> | |
| SAT Home🡪Practice🡪Practice Questions | <http://sat.collegeboard.org/practice/sat-practice-questions/reading-tips> | |
|  | <http://sat.collegeboard.org/practice/sat-practice-questions/math-tips> | |
|  | <http://sat.collegeboard.org/practice/sat-practice-questions/writing-tips> | |
| Practice to become comfortable; prevent the “blank-out” | | |
|  | \*\* <http://sat.collegeboard.org/practice/sat-question-of-the-day> | |
|  | <http://sat.collegeboard.org/practice/sat-practice-test> | |
| Other sites w/ SAT prep: [www.studyisland.com](http://www.studyisland.com) [www.khanacademy.org](http://www.khanacademy.org) [www.studentedge.com](http://www.studentedge.com) [www.worddynamo.com](http://www.worddynamo.com) | | |

Put your mind, body, testing tools in the best position for success:

|  |  |  |
| --- | --- | --- |
| Mentally prepared |  |  |
| *Treat SAT like a sixth day of school 7:45-1:00* | *11 period day:* | *6 period morning:* |
|  | Seating and registration \_\_\_ min | Seating and registration \_\_\_ min |
|  | Critical Reading \_\_\_ min | Critical Reading \_\_\_ min |
|  | Critical reading \_\_\_ min | Critical Reading \_\_\_ min |
|  | Critical reading \_\_\_ min | Math \_\_\_ min |
|  | Math \_\_\_ min | Math \_\_\_ min |
|  | Math \_\_\_ min | Writing \_\_\_ min |
|  | Math \_\_\_ min | \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* |
|  | Writing \_\_\_ min | Different students, at the same time, have…  \*Different \_\_\_\_\_\_\_\_\_\_/ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  \*Different \_\_\_\_\_\_\_\_\_\_\_\_\_\_/\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Be aware, don’t let it create anxiety. Focus: U & test |
|  | Writing \_\_\_ min |
|  | Writing \_\_\_ min |
|  | Variable – CR, M, or W \_\_\_ min |
| Rested – within routine | \* | |
| Fueled, hydrated | \* | |
| Comfortable | \* | |
| Required testing tools, items |  | |
|  | <http://sat.collegeboard.org/register/sat-test-day-checklist> | |
|  | <http://sat.collegeboard.org/register/sat-test-day-tips> | |

Actively listen, actively read, follow cues and directions